

Mackintosh LTC – Return to Tennis **Safety Measures & Rules (UPDATED)**

****IMPORTANT – PLEASE READ CAREFULLY****
RULES FOR PLAYING TENNIS AT THE CLUB – AS OF 13TH JULY 2020

N.B. these rules will change based on the latest guidelines from the government/national governing bodies – and will be communicated with members via email and social media.

PLEASE STAY AT HOME IF YOU OR ANYONE IN YOUR HOUSEHOLD HAVE ANY OF THE CORONAVIRUS SYMPTOMS!!

Before arriving at the club

1. To access the courts all members must have paid their membership fees for the 2020/21 membership year. Guests are welcome to play with a member, but must pay a £5 guest fee each time. **UPDATED**
2. All courts must be booked online in advance
at: <https://clubspark.lta.org.uk/mackintoshlta/Booking>

**DO NOT TURN UP AT THE CLUB IF YOU HAVEN'T BOOKED A COURT!!
EXCEPT IF YOU ARE ATTENDING AN ORGANISED SESSION**

3. All spectators should use the marked spectator areas - ensuring social distancing is maintained with people outside of your household. We recommend a maximum of 1 parent/guardian watching or supervising whilst your child plays. **UPDATED**
4. It is no longer essential to use your own tennis balls. If players wish to, they can still choose to use their own marked tennis balls. Tubes of tennis balls can be purchased for £7 per tube. **UPDATED**
5. Please bring a full drinks bottle with plenty of fluids to keep you hydrated whilst you play. The bar will be opening from Monday 13th July and will be selling a range of drinks and refreshments. **UPDATED**
6. Please come dressed ready to play – the changing rooms are currently closed.

Upon arrival at the club

1. **PLEASE ARRIVE NO MORE THAN 5 MINUTES BEFORE YOUR BOOKING/SESSION STARTS**
2. Please park in the car park away from other cars (if possible). Bikes can be pushed around the building (next to the bowling green) and locked on the

fences outside of the tennis courts. Please **DO NOT** bring bikes on to the tennis courts. **UPDATED**

3. Please follow the path around the building (next to the bowling green). There will be **NO** access through the building to the tennis courts.
4. Please give way to members leaving the club if you meet anyone on the path.
5. Please use the hand sanitiser on the picnic table (please use your own if you have any).
6. Please follow the one-way system around the central area and wait outside of the court (behind the 2m social distancing lines) you have booked until the previous members have left the court.
7. Spectators should wait/watch in the designated spectator areas. **UPDATED**

During Play

1. Both singles and doubles can be played (with people from outside of your household, as long as you remain 2 metres apart – meaning that four people from different households can play doubles). **UPDATED**
2. Please use your own equipment - rackets can be shared, but where this happens ensure thorough cleaning before and after use. **UPDATED**
3. It is no longer essential to use your own tennis balls. When using shared balls extra care must be taken to ensure you do not touch your face during play, and you should clean your hands before play and immediately after finishing (use hand sanitiser if required). If players wish to, they can still choose to use their own marked tennis balls. Players should still avoid using their hands to pick up tennis balls from other courts where possible - use your racquet/foot to return them as those players may have decided to use their own marked tennis balls. **UPDATED**
4. Benches have been removed to ensure no sitting down at the change of ends.
5. When changing ends, please change at the opposite side to your opponent (if possible) or ensure safe social distancing is maintained.
6. If you need to use the toilet – we will only have access to the disabled toilet. Please only use if essential. Please use the hand sanitiser before and after using the toilet.

N.B. although the building should only be accessed for use of the disabled toilet, in case of emergency, the defibrillator will still be easily accessible.

After Play

1. Please do not start any new games within 10 minutes before your booking is due to end - **a reminder that players will need finish at least 5 minutes before the booking is due to end** - to allow enough time to leave the courts on time if other members are waiting for their court booking.
2. Please collect your equipment and litter which should be taken home with you.
3. Please leave the courts immediately after you finish playing – respecting the social distancing rules with any members waiting outside the courts & following the one-way system to leave the club.